

0041 0042

Helios

Sauna kit



ALPINE SAUNA

SAUNA EVERYWHERE

Dear Customer, congratulations on your purchase of the Helios sauna kit. Please read the following instructions carefully and follow them to prevent potential damage. We accept no liability for damage resulting from failure to follow these instructions or from improper use.

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TECHNICAL DATA

Article number	0041
Dimensions (assembled)	180 x 180 x 180 cm
Dimensions (folded)	65 x 45 x 15 cm
Weight	9kg

Article number	0042
Dimensions (assembled)	35 x 35 x 20 cm
Dimensions (folded)	35 x 25 x 20 cm
Weight	6kg

SAFETY INSTRUCTIONS

- Always leave the ventilation flap in the tent wall open during sauna operation!
- Extra caution is required in windy conditions. Ensure the sauna tent is securely guyed and firmly anchored.
- Do not operate the sauna unattended.
- Use only suitable and dry firewood.
- Do not place any flammable materials near the stove.
- Do not make any technical modifications to the tent. This can lead to hazards during use and will void the manufacturer's warranty.
- In case of snowfall, support the roof from the inside against the roof load using a suitable ceiling support.
- For safety reasons, dismantle the sauna tent in strong winds.
- Secure the sauna tent with pegs and guy lines. Weigh down the outer edge. Weights (stones or similar) are used to increase the effectiveness of the sauna tent and to prevent drafts under the hem.
- Maintain the minimum distances between the stove and the tent wall.
- Use only suitable infusion agents.
- Children are only allowed in the sauna when accompanied by an adult.

OVERVIEW

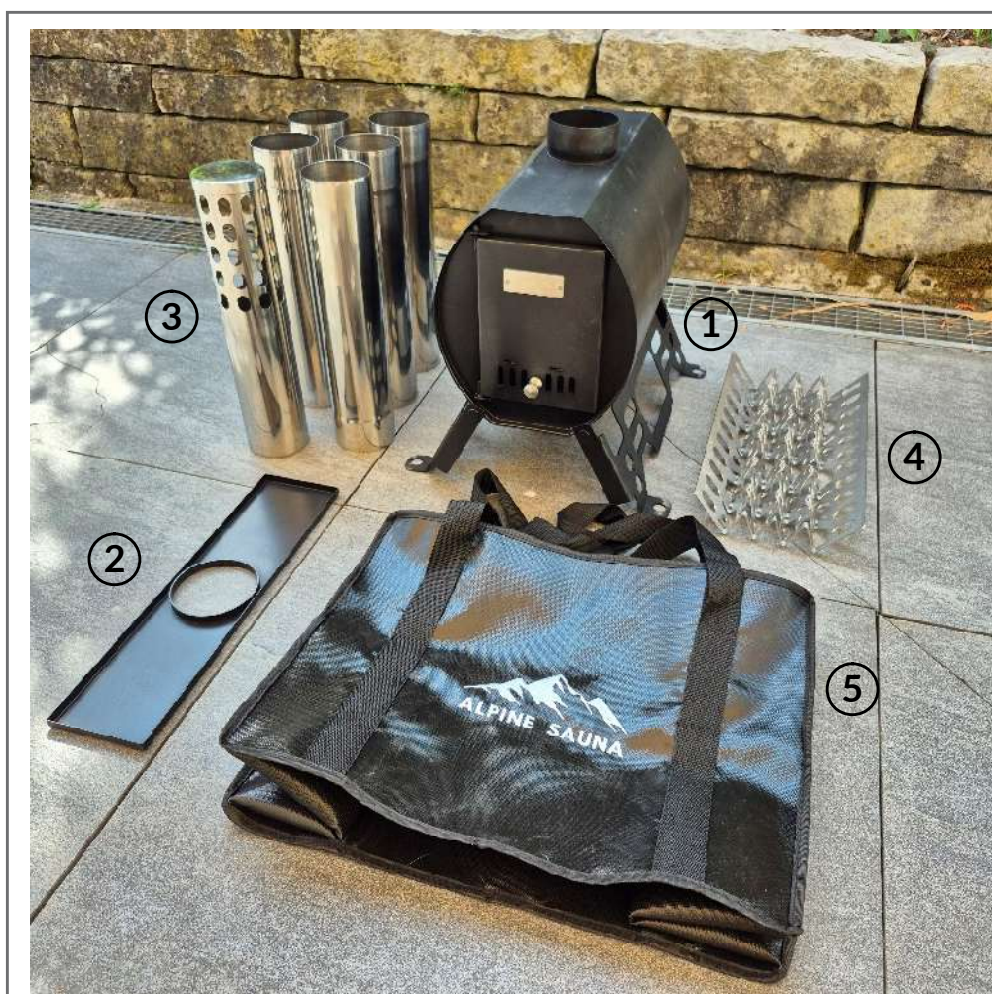


Assembled Helios starter kit

Scope of delivery: Tent

			
1	Sauna tent	6	Spark protection mat for stove
2	Tent bag	7	Ratchet straps
3	Spark protection roof	8	Instructions
4	Tent pegs & guy lines		
5	Tent poles		

Scope of delivery: Stove



1	Sauna stove		
2	Stone basket		
3	Chimney elements		
4	Stove rack		
5	Stove bag		

TENT SETUP

- (1) Place the tent bag on a sufficiently large and level surface.
- (2) Unfold the sauna tent and the tent poles.
- (3) Slide the first tent pole through the **lower** Pole channel at the tent gable.
- (4) Insert the two ends of the tent pole into the loops provided.
- (5) Repeat step 4 for the **top** Pole channel .
- (6) Now erect the tent and close the two zippers of the pole sleeves up to window height. Guide the taut tent fabric with both hands as you do this. Do not use force!



Notice:

During the initial setup, the zippers are toothed on both sides, and closing them may be difficult due to the taut tent tension. Use both hands to guide the pole sleeve to the zipper and close it carefully.

TENT SETUP

- (7) Now close the two zippers in the roof area.
- (8) To do this, pull the pole sleeves towards the tent pole with one hand and carefully close the zippers with the other hand.
- (9) The basic structure of the sauna tent is now complete.
- (10) Now secure the tent hem with the pegs.
- (11) Attach the guy ropes and secure the sauna tent (or use suitable weights if tent pegs cannot be used).
- (12) Attach the spark guard roof tarp and secure it to the guy rope loops.

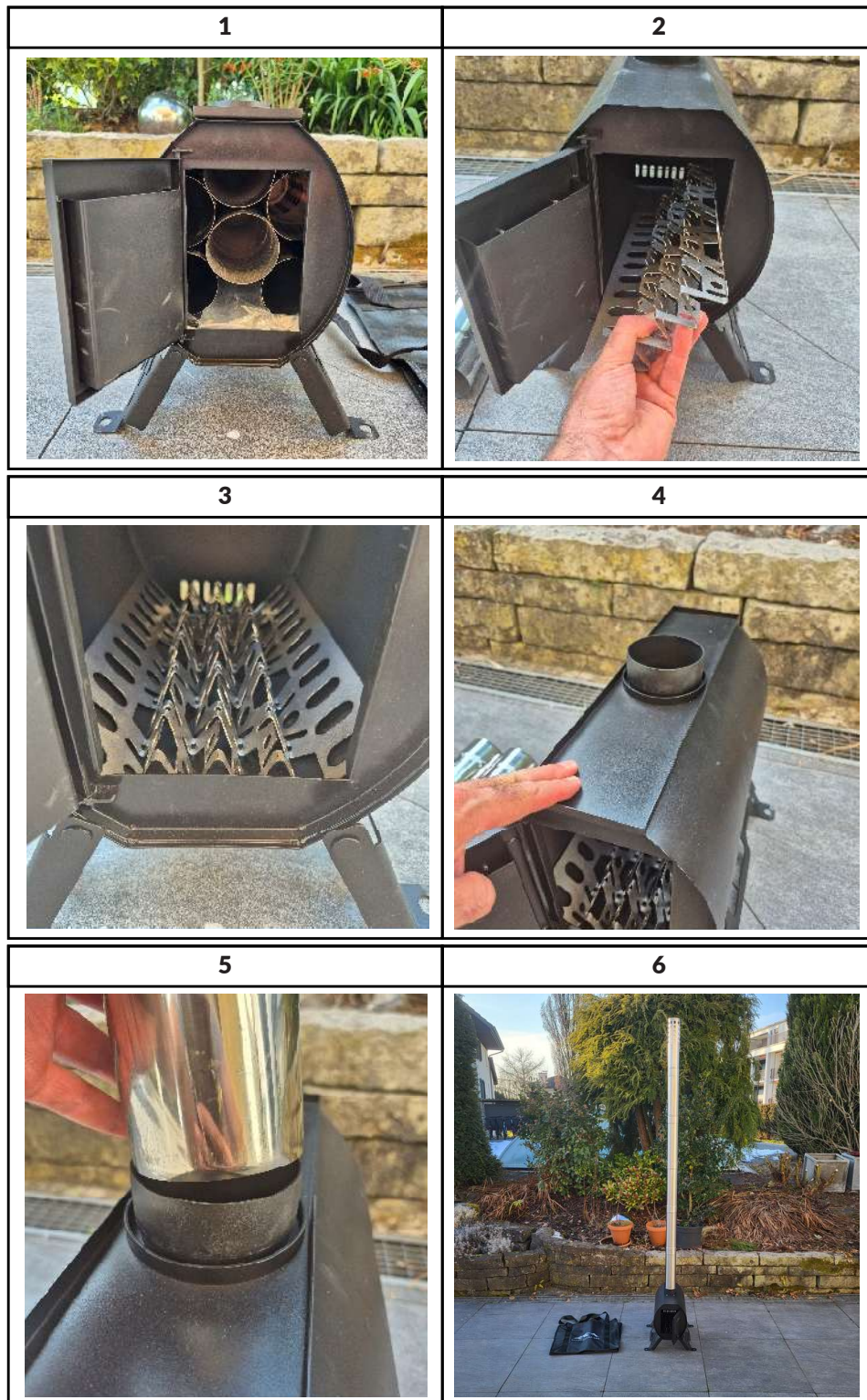


Notice:

During the initial setup, the zippers are toothed on both sides, and closing them may be difficult due to the taut tent tension. Use both hands to guide the pole sleeve to the zipper and close it carefully.

INITIAL STOVE ASSEMBLY

- (1) Remove all elements from the combustion chamber.
- (2) Carefully slide the stove rack into the stove.
- (3) The stove rack now fits perfectly into the stove floor.
- (4) Place the stone basket on the stove.
- (5) Insert all the fireplace elements into each other.
- (6) The initial stove setup is complete. Now carry out the firing process.



BURN-IN

- Every brand new wood-burning stove must be properly burned in before its first use.
- Place the fully assembled stove (without sauna stones) outside on a safe and level surface (e.g. a stone floor).
- Open the ventilation slots at the front of the stove door.
- Now, light the stove vigorously and fill the combustion chamber completely with firewood (preferably hardwood such as beech or similar).
- The stove body will begin to glow red-hot when properly burned in. The same applies to the lower chimney elements.
- Operate the stove at full power for at least two hours. Add firewood regularly.
- When heated, production residues such as fats and oils that would otherwise leak inside the tent evaporate.
- After successful initial burning, allow the stove to cool down and only then use it in your sauna tent.



Burn-in process

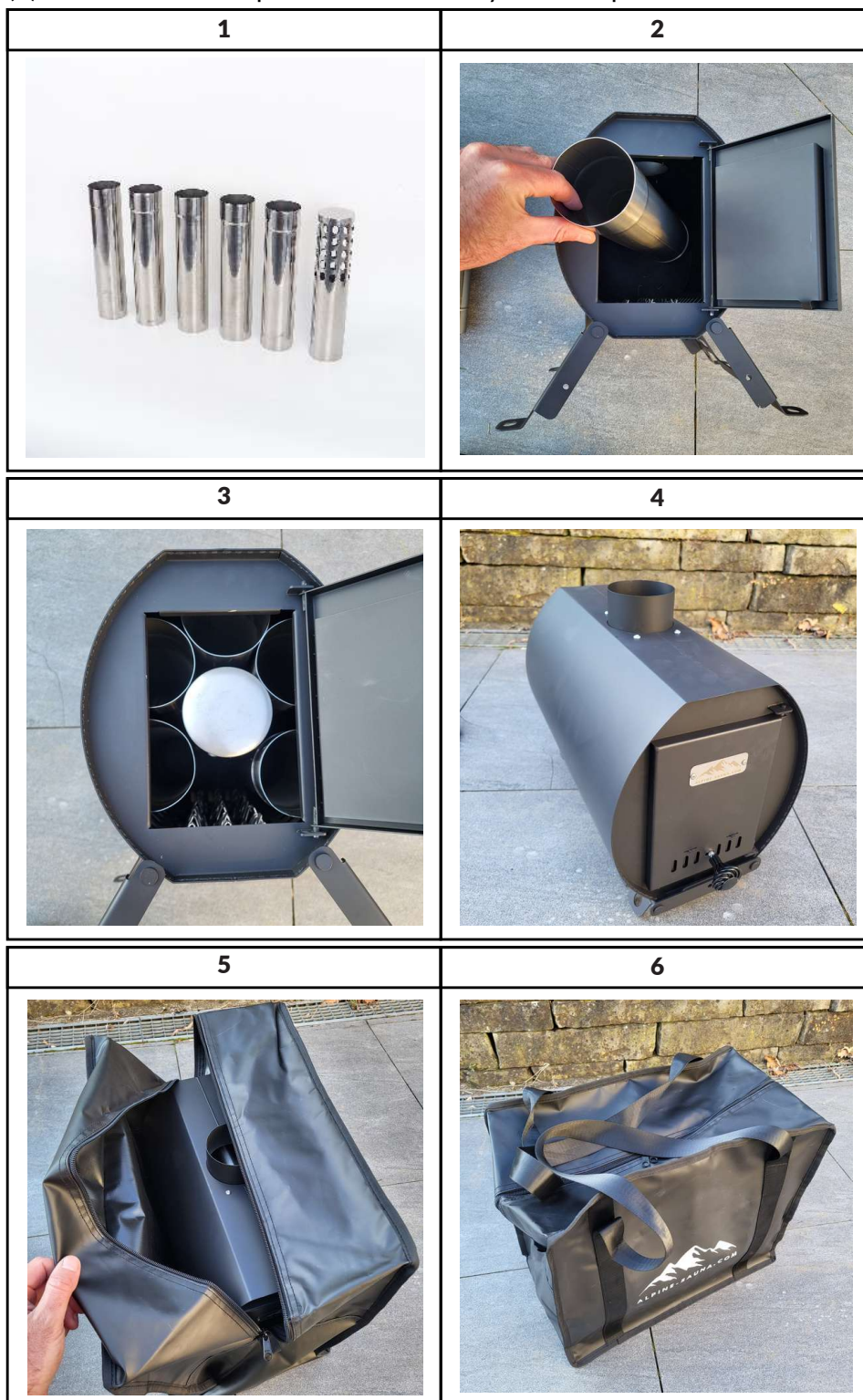
SAUNA OPERATION

- (1) Lay out the supplied spark protection mat as shown in the image. For additional heat protection, we recommend placing a stone slab underneath the mat.
- (2) Position the pre-burned-in sauna stove parallel to the tent wall and directly below the chimney opening in the tent roof.
- (3) Guide the assembled chimney through the opening in the tent roof.
- (4) Open the fresh air vent in the tent wall behind the stove. It supplies air for combustion as well as fresh air for breathing.
- (5) Place suitable sauna stones in the stone basket. The stove is now ready for use.
- (6) Check that the sauna tent is standing securely. If necessary, weigh down the tent skirts with weights (e.g. stones).



STOVE DISMANTLING

- (1) Once the stove has cooled down, separate the chimney sections.
- (2) Remove the ash from the stove and store the chimney sections inside, **alternating between the wider and narrower ends facing forward**. This ensures that all sections fit.
- (3) Do not use force, as the chimney sections may bend. If necessary, one section can be stored loose inside the stove bag.
- (4) Fold in the stove legs.
- (5) Place the stove in the stove bag.
- (6) The stove is now protected and ready for transport.



TENT DISMANTLING

- (1) Remove all tent pegs, tent hem weights and the spark protection roof.
- (2) Carefully open the zipper of the **upper** pole channel in the roof area.
- (3) Remove the outer tent pole and lay the tent flat on the ground.
- (4) Now open the zipper of the **lower** pole channel and remove the second tent pole.
- (5) Fold the sauna tent so that the chimney hole ring lies flat.
- (6) Store all components in the tent bag.



IMPORTANT INSTRUCTIONS

Note : Always keep the ventilation flap open during sauna operation! It supplies the sauna stove and users with the necessary fresh air.

Take down the tent for safety in strong winds.

- Check the condition of the sauna tent and sauna stove before each use.
- Only pack the tent when it is completely dry to avoid mold and cracks.
- Do not use force when setting up or taking down the tent or the stove. The very lightweight and highly functional fabrics could be damaged.
- By adding weight to the outer hem of the tent, the effectiveness of the sauna tent can be increased, as potential drafts under the hem are prevented.
- Do not wash the tent with detergents. Gently scrub stains with water only.
- Avoid strong UV radiation. UV radiation weakens the tent fabric over time. Take down the tent if it will not be used for extended periods, during the summer, or in intense sunlight.
- Leave the sauna if you feel unwell.

MANUFACTURER

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